

SOLOMON'S

FRESH ORGANIC WHOLEFOODS

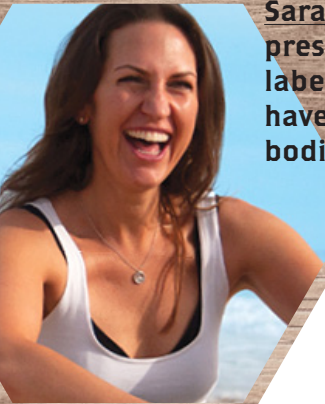
NOURISHING THE NEXT GENERATION

Hosted by Owner Paul Reid



Paul Reid invites all parents to an informative event which brings thought into action "Nourishing the Next Generation".

With passionate guest speakers;



Sarah Hopkins unfolding the facts behind preservatives & the hidden meanings on food labels, the effect that sugar & preservatives have on children's behavior and healing little bodies with food.



Natalie Baldock will bring light to her passion of being connected with food. Mothers connecting back to their passion with food as nourishes of their & their families souls and how this connection changed her life.



Jude Blereau will address the fundamentals of nourishing young children, including information on intolerances and allergies, ideas for snacks & lunch boxes.

This will be informative and fun event for all parents.

Two shows

Tuesday 12th August or
Wednesday 13th of August

9.45AM - 2.15PM

12.30PM-1PM BREAK LUNCH AND

ANTIPODES WATER INCLUDED
TEA, COFFEE & JUICES AVAILABLE
FOR PURCHASE AT THE
FRONT OF THE CAFE

TICKETS \$70

PHONE: 93287995
TO BOOK TICKETS

EMAIL: INFO@SOLOMONSCAFE.COM.AU
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HIGHGATE 6003



SARAH HOPKINS
HEALTH & WELLBEING



antipodes